

T382 Bed Making

Rules and regulations

An individual timed competition in Bed Making. Each participant will be provided with the following supplies:

- Mattress (Queen size)
- Mattress Protector
- Three Sheets
- Duvet inner
- Duvet Case
- 4 Pillows
- 4 pillow protectors
- 4 Pillow Cases (2 designed, 2 plain)
- Bed throw

1. The mattress protector must be fitted evenly on top of the mattress.
2. The first sheet must be placed evenly and tucked tightly on all sides
3. Remaining sheets must be placed evenly and appropriate to the bed
4. Pillows must be correctly filled in their cases
5. No running allowed
6. One artistic element may be brought in for the finished bed

Judging Criteria

The bed-making competition is based on speed, accuracy and skill. Timing of the competition begins once the judge signals, and is stopped as soon as the participant indicates they have completed the bed-making. The time taken to make the bed, the tidiness, the quality, the presentation and the overall look of the bed are the main judging criteria for the competition.

Cleanliness and neatness of the competitor is important – uniform, grooming, perfume in moderation, no excessive use of make-up, hair must be neat.

- Technique – 50 points: Corners, duvet and pillow cases are set
- Timing – 30 points: Completion must be less than 10 minutes to get full marks
- Overall impression – 20 points: Competitors manner, presentation, speed and efficiency of working. Any artistic elements presented.

Time Allocation

Sunday 18 September, heats from 1 pm

